



# Confirmation through CONVERSATION

## MODULE TWO | Why Do I Want to be Confirmed?

### In This Module...

Welcome to Module 2! It's encouraged to complete this module or portions of it to better prepare for your second online dialogue with your partner school!

In this module, students will explore the meaning of Confirmation, and gain a better understanding of why they want to be confirmed. Resources, Apps, and activities will help with a smooth, rich second dialogue!



Use this hashtag throughout your journey using twitter and/or Instagram!  
**#confirmthruconvo**



### From the Pulpit!

Read the following scripture passage individually, or as a group, and discuss what the message is as students prepare for the graces of the Holy Spirit in the sacrament of Confirmation.

"Peter said to them, each one of you must turn away from your sins and be baptized in the name of Jesus Christ, so that your sins will be forgiven; and you will receive God's gift, the Holy Spirit."  
(Acts 2:38)



### Pope Francis Says:

"Thank the Lord for the grace of our confirmation, that, filled with the joy of the Holy Spirit, we may always mirror Christ's presence in our relations with others, our openness to those in need and our living witness to the Gospel message of joy and peace."



### Watch This:

The following video by Unspoken, 'Start a Fire' is a great song to help students learn about the Holy Spirit within as they embark on this sacramental journey. provides a series of short videos focussed on preparing young people to receive the Sacrament. Classes may wish to watch the videos during Religion Class as they provide opportunity for discussion.

<https://goo.gl/57qaN3>



### Appy to Hear It!



These two FREE applications for any Smart device may in fact help the spiritual journey of both the teacher and students. The Pope App offers an abundance of information about Pope Francis! Pray As You Go is a fun application that offers different forms of prayers on a daily basis.



## For Your Information

FYI

Resource: Catechism of the Catholic Church

(Students can read through the excerpts from the Catechism of the Catholic Church to help them define and discuss the "Sacrament of Confirmation.")

### **Catechism of the Catholic Church #1285**

Baptism, the Eucharist, and the sacrament of Confirmation together constitute the "sacraments of Christian initiation," whose unity must be safeguarded. It must be explained to the faithful that the reception of the sacrament of Confirmation is necessary for the completion of baptismal grace. For "by the sacrament of Confirmation, [the baptized] are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed."

### **Catechism of the Catholic Church #1302 - 1303**

It is evident from its celebration that the effect of the sacrament of Confirmation is the full outpouring of the Holy Spirit as once granted to the apostles on the day of Pentecost.

From this fact, Confirmation brings an increase and deepening of baptismal grace:

- it roots us more deeply in the life of God
- it unites us more firmly to Christ;
- it increases the gifts of the Holy Spirit in us;
- it renders our bond with the Church more perfect;
- it gives us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly

The sacraments of Christian initiation — Baptism, Confirmation, and the Eucharist — lay the foundations of every Christian life. 'The sharing in the divine nature given to all through the grace of Christ bears a certain likeness to the origin, development, and nourishing of natural life. The faithful are born anew by Baptism, strengthened by the sacrament of Confirmation, and receive in the Eucharist the food of eternal life. By means of these sacraments of Christian initiation, they thus receive in increasing measure the treasures of the divine life and advance toward the perfection of charity.' (Catechism of the Catholic Church #1212)



## Summary

- The Holy Spirit is the primary gift we receive in Confirmation so we can grow even stronger in our calling to be Christ's disciples.
- As with all the Sacraments, all three persons of the Holy Trinity participate in Confirmation, but in this Sacrament we call particular attention to the Holy Spirit.
- Confirmation is one of the three Sacraments of Christian Initiation.
- Confirmation builds on, and is necessary for, the completion of the gifts already received in Baptism.
- The Sacrament of Confirmation has two primary effects. The first is that the confirmed person's bond with the Church is strengthened. The second is that the person is enriched with an outpouring of the Holy Spirit. Both of these effects bring to perfection the grace that is first received in Baptism and are the basis for other more specific ways that the Sacrament impacts the life of a Christian.
- The Roman Catholic practice of Confirmation expresses the communion of the fully initiated Christian with the bishop and the universal Church. The Eastern practice shows the traditional unity between Baptism, Confirmation, and the Eucharist and emphasizes that the Holy Spirit is given in all three Sacraments.
- During the Confirmation Mass, the actual Order of Confirmation begins after the bishop's homily when the bishop asks the candidates to renew their baptismal vows. Then the bishop extends his hands over the confirmands and prays that they will receive the Holy Spirit.
- The bishop anoints each candidate's forehead with the Sacred Chrism (oil), placing his hands on her/ him, and saying, "Be sealed with the Gift of the Holy Spirit."
- Confirmation is not about becoming an adult Catholic but rather about becoming a fully initiated Catholic



## That's a Fact!

Confirmation is one of the seven sacraments; can you name the other six Sacraments?

The following questions and activities are designed to allow both groups to experience a rich dialogue.

Introduce yourself: students provide your first name. Always end with "thank you" allowing the partner school to know you've finished speaking. To better engage in discussion, it is encouraged to refer to questions numerically with your partner school.

## Discussion Questions

- 1.0 What Does God look like to you?
- 1.1 What does the Trinity mean to you?
- 1.2 There are three Sacraments of initiation; what do you remember from the first two?
- 1.3 Do you recall any Bible stories where the "Holy Spirit" is mentioned?
- 1.4 What do you think God is calling you to do?
- 1.5 In your opinion; what is a Sacrament?
- 1.6 What are the Sacraments of Catholic Initiation? What do the words Catholic Initiation mean?
- 1.7 What is required to be confirmed?
- 1.8 Who will attend your confirmation?

Hail Mary, full of grace.  
The Lord is with you.  
Blessed are you among  
women,  
and blessed is the fruit  
of your womb,  
Jesus.  
Holy Mary, Mother of  
God,  
pray for us sinners,  
now and at the hour of  
our death.  
Amen.



## Think Outside the Box

Start a Fire, by Unspoken is a song in 'Watch This'.  
Reflect on the lyrics. In what ways will you start a fire as a young Catholic?  
Present how you will do this visually, using a tool such as Padlet,  
Pic-Collage, or Post-It Plus.



## Why Do I Want to Be Confirmed?

Write a letter to Fr. \_\_\_\_\_. Give reasons as to why you want to be confirmed this year? You may also want to write a letter to your sponsor and tell him or her why you have chosen them?

Date\_\_\_\_\_

Dear Fr. or Sponsor\_\_\_\_\_,

I want to be confirmed\_\_\_\_\_

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Sincerely,